

Getting back to business travel

Ground transportation: Intercity and international rail

As you resume business travel, information will be at the heart of your defenses against COVID-19. Travel managers can provide you with timely and relevant information, particularly when deploying travel management company (TMC) backed apps like Adelman's Ava Mobile. We've shared some extra advice and tips you can use throughout your trip to support a seamless and safe experience when away from home.

- **Avoid** travel during **peak periods**
- Find out **when to arrive** at the station. Fast track security may be suspended, or boarding times may be staggered
- **Wear a mask** as soon as you arrive at the station and be sure to carry a spare
- **Pre-book** seats where possible; seat reservation is mandatory on many services
- Check out the rail company's **health and safety program** to ensure it meets your needs
- Check train **schedules** before travel, as some companies are not operating a normal service
- Look for train company **apps** that provide up to date journey information and alerts if services may be busy



- Look out for **signage** advising of any changes to normal procedures
- Expect queues and **longer wait times** where pre-boarding health screening is required
- Download **digital tickets** to mobile phones to bypass ticket machines and queues
- Download any **track and trace apps** required at the destination



Mandatory to wear a mask



- Carry **hand sanitizer** with you and avoid touching handles and surfaces
- Select **window seats** to minimize contact with passing passengers
- Once seated, **clean** your immediate area with a sanitizing wipe
- **Wear a mask** at all times; this is mandatory on most services
- Bring **food and drink** on board, as catering may be suspended
- **Stay** seated as much as possible
- **Avoid facing** other passengers when seated
- **Limit** unnecessary **movement** around the carriage

